

# Hull and East Riding of Yorkshire Primary Care Mental Health Network

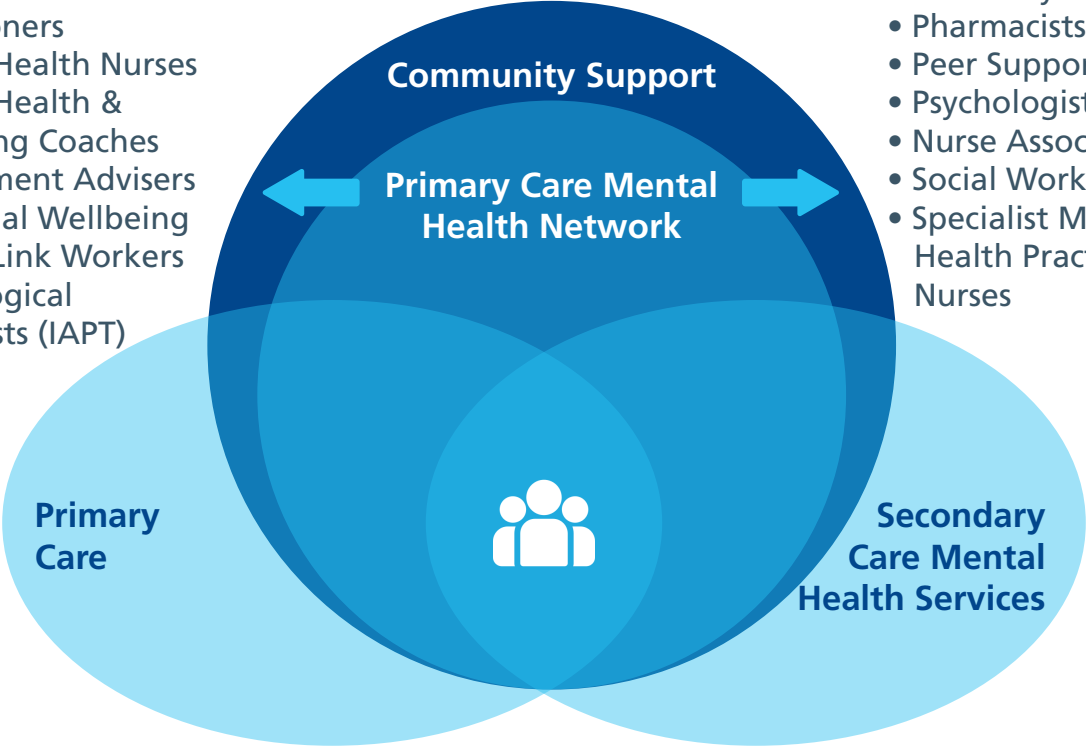
## Our Mission:

Through our mental health network we strive to work together to meet the support needs of our communities by listening and treating each other with compassion and understanding and always putting people at the centre of all work, decisions and care.



- Specialist Mental Health Practitioners
- Mental Health Nurses
- Mental Health & Wellbeing Coaches
- Employment Advisers
- Emotional Wellbeing Service Link Workers
- Psychological Therapists (IAPT)

- Pharmacy Technicians
- Pharmacists
- Peer Support Workers
- Psychologists
- Nurse Associates
- Social Workers
- Specialist Mental Health Practitioner Nurses



## Our Vision:

A mental health network that works in partnership. Supporting each other providing hope and improving the experiences of those accessing support for mental health difficulties across Hull and the East Riding of Yorkshire.

# Key Values of our Mental Health Network:



## Supporting each other

- By being compassionate, empathetic and understanding towards each other.
- By striving for positive experiences for people through being open and supportive.
- By treating each other as equal partners by listening and supporting each other
- By taking time to support those identified as being in a supporting or caring role.
- By ensuring that every door is 'Open' and is the first step to getting help by guiding and supporting people to the service that best meets their needs.
- Never turning anyone away who requires help.

## Providing hope

- The hope for 'living well', with or without symptoms is shared in conversations supporting those accessing mental health services.
- The mental health network will provide services that work in partnership, removing any barriers between services and putting people at the centre of all work, decisions and care.
- Through a shared understanding that recovery is a unique and personal experience for each individual and a way that we can adjust values, feelings and goals to live a satisfying life whatever our experiences or limitations.
- All support through the mental health network is provided to enable people to live the life which they wish to lead.

## Improving experiences

- By actively listening to feedback from the people who are accessing support or a part of the mental health network so that we can learn, act and improve the service provided.
- By ensuring a joined up approach to care by effective communication and co-ordination between health services and community resources to improve the experience of accessing mental health care and support.
- By clearly communicating information around the response of a service and providing updates where possible for those accessing support.
- By working and collaborating across all sectors to share learning and best practice.